

Drinks Diary for[name] the week starting.....

For information on Standard drinks go to <https://www.nhmrc.gov.au/health-advice/alcohol>

Standard	Beer	Wine	Spirits	Other: Liqueurs, Ready To Drink (RTD) etc
MON	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			
TUE	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			
WED	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			
THU	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			
FRI	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			
SAT	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			
SUN	Beer - Full <input type="checkbox"/> Mid <input type="checkbox"/> Low <input type="checkbox"/> strength			